

THE LADY ETI

July 2025


ETI
ISSUE 7

A SEASON TO
SHINE – SUMMER
SOPHISTICATION,
GLOBAL GRACE

TOUR DIARIES (PART II)

ETIQUETTE AFRICA

Keep Nigeria Clean: A Refined Movement

Etiquette & Public Speaking

Lady Eti at the British School of Excellence

GARNETI

Summer Fashion Tips –
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BOOKS BY ETI

The Etiquette Adventure is
Ready for Release



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GARNETI

EDITORS NOTE

Dear Refined Circle,

Welcome to Issue 7 of Lady Eti Magazine! This summer edition is overflowing with elegance, adventure, and empowerment. From the charm of my continued European tour to the grandeur of the Royal Ascot, from my address at the British School of Excellence to the vibrant community work across Nigeria—this issue is a celebration of grace in motion.

You'll also find refined summer fashion tips from Garneti, the long-awaited release announcement from Books by Eti, and reflections on how to live your best summer—spirit, soul, and style in full bloom.

Here's to a radiant season of growth, beauty, and global impact.

With warmth and elegance,

Lady Eti

Editor-in-Chief

Etienying Akpanusong

LADY ET'S EUROPEAN TOUR DIARIES (PART II)

My European journey continues, and with each city, I encounter fresh inspiration, refined traditions, and brilliant minds. This edition highlights two unforgettable moments:

- Attending the Royal Ascot, a stunning spectacle of fashion and history.
- Serving as Special Guest Speaker at the British School of Excellence for their Train the Trainer program.

These experiences reaffirmed the power of etiquette and elegance as tools for leadership, diplomacy, and cultural unity.

Lifestyle & Entertainment

An Enchanting Day at the Royal Ascot

The Royal Ascot was nothing short of magical—a symphony of elegance, heritage, and haute couture. From the exquisite hats to the formal morning dress code, everything spoke of timeless tradition and modern sophistication.

To be present among such grace was a reminder: Refinement is not only what you wear but how you honour every space with your presence.



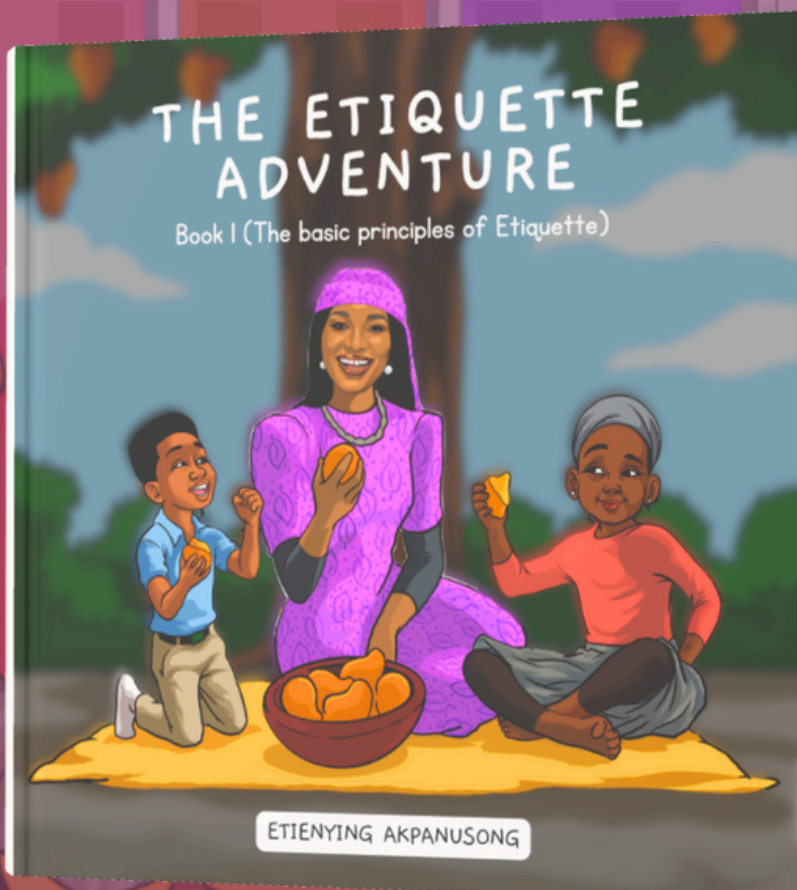
BOOKS BY ETI

THE ETIQUETTE ADVENTURE IS READY FOR RELEASE!

We are thrilled to announce that The Etiquette Adventure, our heartwarming and empowering storybook series from Books by Eti, is officially ready for release!

This series takes young readers on a journey of manners, cultural appreciation, respect, and confidence-building—all with Lady Eti as their guide. Perfect for children aged 6-12, each volume teaches timeless values through fun, storytelling, and adventure.

Stay tuned for release dates, launch events, and how you can get copies for your home, school, or community.



ETIQUETTE AFRICA

KEEP NIGERIA CLEAN: A REFINED MOVEMENT

Our Etiquette Africa Initiative recently held a successful webinar in continuation of our Keep Nigeria Clean campaign.

We engaged passionate citizens, educators, and community leaders on the importance of clean environments as a reflection of dignity, responsibility, and national pride.

Let's keep the momentum going. Every act of cleanliness is a statement of excellence. Join us—Keep Nigeria Clean!

Olatunji B. Alonge

Founder, Growth Hive Consulting, Emotional Intelligence (EQ) Expert, Keynote Speaker, Author and a Renewable Energy Adept

Kyenpia Gaya Best

Climate activist | SDG & AU Agenda 2063 Expert | Founder, The Breakfast Chat | Youth & Women Advocate

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ETIQUETTE & PUBLIC SPEAKING

LADY ETI AT THE BRITISH SCHOOL OF EXCELLENCE

It was an honour to speak as Special Guest during the Train the Trainer program at the renowned British School of Excellence in London. Addressing a room full of aspiring etiquette professionals and trainers, I shared on:

- The transformative role of etiquette in leadership
- How public speaking reflects inner refinement
- The future of grace-driven communication



It was a moment of mutual inspiration and international collaboration.

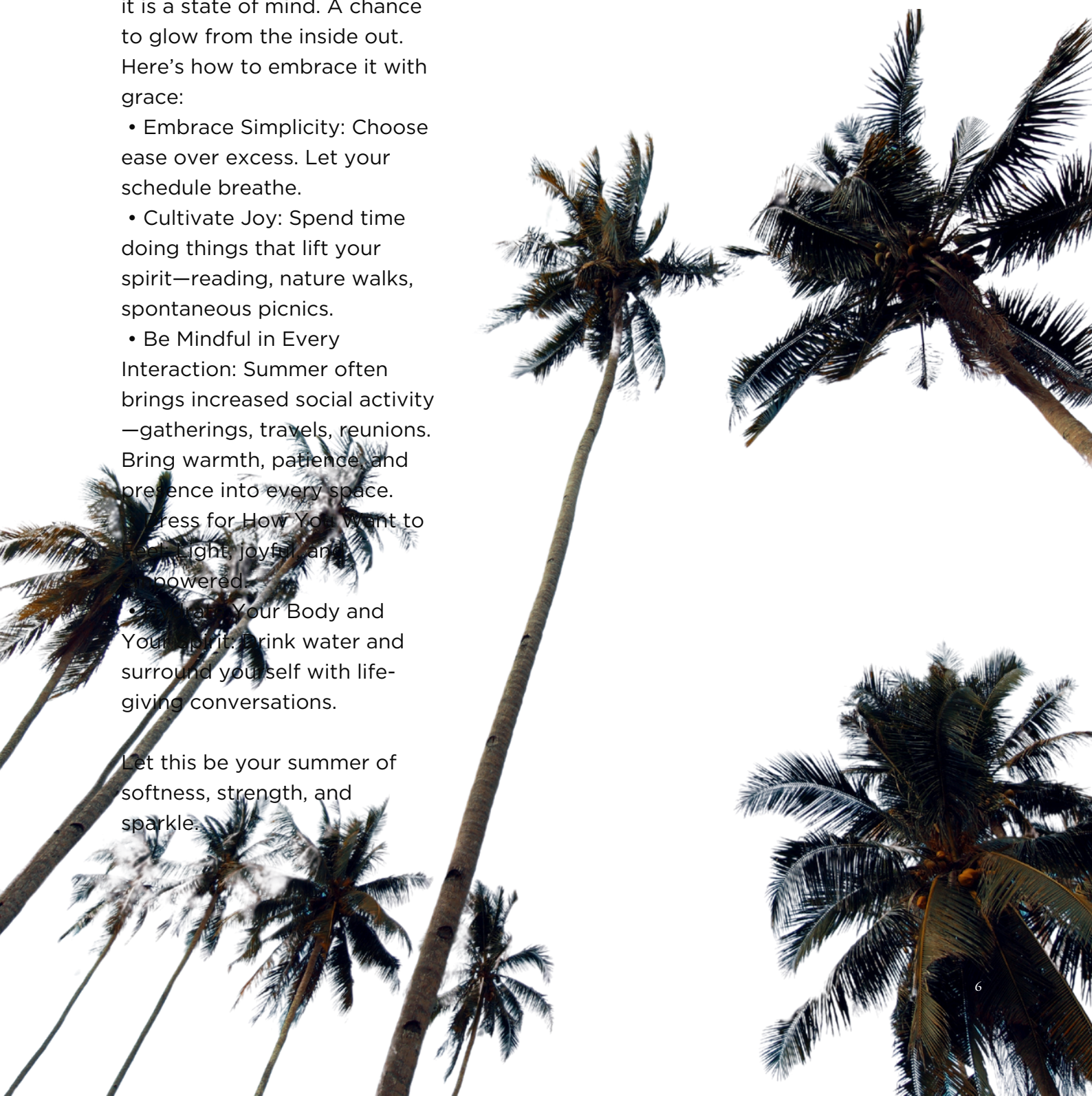
THE BEAUTY OF SUMMER HOW TO HAVE A RADIANT, REFINED SUMMER

Summer is not just a season—it is a state of mind. A chance to glow from the inside out. Here's how to embrace it with grace:

- **Embrace Simplicity:** Choose ease over excess. Let your schedule breathe.
- **Cultivate Joy:** Spend time doing things that lift your spirit—reading, nature walks, spontaneous picnics.
- **Be Mindful in Every Interaction:** Summer often brings increased social activity—gatherings, travels, reunions. Bring warmth, patience, and presence into every space.
- **Dress for How You Want to Feel:** Light, joyful, and empowered.

- **Nourish Your Body and Your Spirit:** Drink water and surround yourself with life-giving conversations.

Let this be your summer of softness, strength, and sparkle.



GARNETI

SUMMER FASHION TIPS – THE GARNETI WAY

As summer shines, Garneti invites you to express elegance in lighter, bolder, and more breathable ways:

- Fabric First: Prioritise flowy fabrics like linen, silk, and lightweight cotton.
- Elegant Colour Play: Embrace peach, lemon yellow, ocean blue, and off-white.
- Layer Lightly: A breezy kimono or tailored vest can elevate any outfit.
- Accessories with Purpose: Straw hats, bamboo bags, and pearls are summer chic staples.
- Confidence is Key: The Garneti woman is poised, polished, and bold in simplicity.

Let your summer wardrobe speak the language of refined joy.



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